Resources for Caring for Children and Youth in Crisis: How to Create Healing-Centered Environments in Afterschool

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Trauma-Informed Care Resources:
- The Future of Healing: Shifting From Trauma Informed Care to Healing Centered Engagement
- Supporting Student Resilience and Well-being with Trauma-informed Care: Educator Self-Assessment and Planning Tool and Webinar Series: Supporting Student Well-Being and Resilience with Trauma-Informed Care from the Center for Great Teachers and Leaders COVID-19 Resources
- Understanding Trauma and Its Impact from the National Center on Safe and Supportive Learning Environments

Social and Emotional Learning Resources:
- Regional Educational Laboratories Resources and Guidelines (See SEL Section)
- SEL Online Learning Module: Creating a Well-Rounded Educational Experience
- SEL+OST=Perfect Together: A Conference Report
- Kernels of Practice for SEL: Low-Cost, Low-Burden Strategies

Staff Self-Care Resources
- Mayo Clinic Relaxation Meditation Video
- Mindfulness & ECE Toolkit
- UCLA Mindful App & Guided Meditations
- Wisconsin Afterschool Network Archived Webinar - “June 14, 2017 Self-care and Compassion Fatigue”
- Suggested Reading: Mindfulness: An Eight-Week Plan for Finding Peace in a Frantic World, by Dr. Danny Penman

Resources shared during the first webinar in the series:
- Webinar Recording and Webinar Highlights & Overview (2-Pager)
- Turnaround for Children's Curated List of Resources for the First Webinar (Password: context)
- Turnaround for Children's Five Non-Negotiables for Whole Child Design
- Turnaround for Children's Resources for the Three Rs: Relationships, Routines, and Resilience
- Search Institute’s Developmental Relationships Framework
- Search Institute’s 4 S’s Interview
- Readiness Projects Blog Post - Disruption Creates Opportunity: We Must Do Better Together