



This is Afterschool in Tennessee

"Afterschool programs created so many opportunities for me, and I love the valuable mentorship I have had and the connections I made. Afterschool programs taught me the importance of goals and my dreams."

"From my experience as a military child, I really had to struggle with the difficulty of trying to be myself. ... Having an afterschool program can get kids out of their comfort zone and [help them] make new friends. Meeting people in these programs not only feels great but also allows students to show their true self."

These student quotes are a small sampling of the invaluable supports and experiences afterschool programs are providing young people—from creating a safe space where they can connect with caring adults to helping them build the skills to reach their full potential.

However, in Tennessee, for every child in an afterschool program, 3 more would participate and are missing out, despite strong public support for afterschool. A national fall 2022 survey found that approximately 8 in 10 registered voters said that afterschool programs are an absolute necessity for their community (79%) and want their federal, state, and local leaders to provide more funding for programs (80%).

AFTERSCHOOL PROGRAMS ACCELERATE STUDENTS' ACADEMIC GROWTH AND SUPPORT THEIR WELL-BEING

Among Tennessee students in afterschool programs:



75% are getting homework help



83% are interacting with their peers and building social skills



78% are engaging in STEM learning opportunities



83% are building confidence



84% are taking part in physical activities



67% are learning responsible decision-making



99% of Tennessee parents are satisfied with their child's afterschool program

EVIDENCE OF AFTERSCHOOL'S IMPACT ON STUDENTS' WELL-BEING

Only 10 states* have included questions regarding participation in afterschool programs in their state Youth Risk Behavior Survey (YRBS), conducted as a part of an effort by the U.S. Centers for Disease Control and Prevention. However, these additional questions have produced findings demonstrating positive correlations between participation in afterschool programs and young people's mental and physical health. For example:

ALASKA Students participating in afterschool programs at least two days a week were 18% less likely to use alcohol, 39% less likely to use marijuana, and 28% less likely to have an unexcused absence.

VERMONT High schoolers who participated in at least one hour of afterschool activities were less likely than their non-participating peers to report carrying a weapon or report being threatened or injured by a weapon on school property.

WISCONSIN Students involved in at least one hour of extracurricular activities report lower rates of anxiety, depression, and suicidal thoughts.**

*AK, CT, MI, MN, NM, OH, VT, VI, WA, WI

**The Wisconsin YRBS question in the middle school questionnaire asked, "During an average week when you are in school, how many total hours do you participate in school activities such as sports, band, drama, or clubs" and the high school questionnaire asked, "Do you participate in any school activities, such as sports, band, drama, or clubs?"

Studies have shown that students regularly participating in quality afterschool programs attend school more often, are more engaged in school, get better grades, and are more likely to be promoted to the next grade. A 2022 evaluation of Tennessee's 21st CCLC programs by the Tennessee Department of Education found that positive academic and behavioral outcomes associated with regular participation in the programs. Among regular attendees in 4th-8th grade, 17% improved on the math and 16% improved on the reading/language arts state assessment, while more than 1 in 4 regular program attendees (26%) in grades 7-8 and 10-12 with a GPA less than 3.0 improved. Additionally, teachers reported that 76% of regular attendees were more engaged in learning and a majority of regular attendees experienced a decrease in in-school suspensions compared to the previous school year (64%), and among those who missed 18 days or more in the last school year, improved their attendance (68%). Parents with children in the program also expressed satisfaction with the program, with 93% reporting an overall high level of satisfaction with the program's quality.

AFTERSCHOOL PROGRAMS SUPPORT WORKING FAMILIES

Tennessee parents agree that afterschool programs:



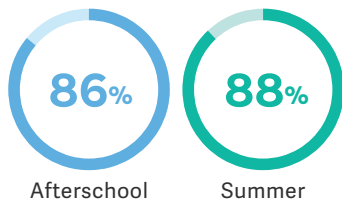
80% are helping working parents keep their jobs



83% are providing working parents peace of mind knowing that their children are safe

AFTERSCHOOL PROGRAMS ARE A SMART INVESTMENT

An overwhelming majority of Tennessee parents favor public funding for afterschool and summer learning programs.



Research spanning several states shows that **every \$1 invested** in afterschool programs **saves at least \$3** by:

- ✓ Increasing kids' earning potential as adults
- ✓ Improving kids' performance at school
- ✓ Reducing crime and juvenile delinquency

21st Century Community Learning Centers

21st Century Community Learning Centers (21st CCLC) are local before-school, afterschool, and summer learning programs that serve students attending high-poverty, low-performing schools. These programs engage students in hands-on learning activities aimed at supporting their academic growth, provide a variety of enrichment activities to complement school-day learning, and offer educational and support services to the families of participating children. The 2022 Department of Education annual performance report of 21st CCLC found that among regular participants in need of improvement:

- ✓ **NEARLY 1 IN 2** improved their language arts or math grades
- ✓ **NEARLY 7 IN 10** improved their homework completion and class participation
- ✓ **NEARLY MORE THAN 3 IN 5** improved their behavior in class

In Tennessee, 35,516 children in 435 communities take part in a 21st Century Community Learning Center. 21st CCLC grants are the only dedicated federal funding sources that support local communities' afterschool and summer programs.

AMERICAN RESCUE PLAN FUNDING IS HELPING INCREASE ACCESS TO AFTERSCHOOL AND SUMMER PROGRAMS

A spring 2023 survey of afterschool and summer program providers found that while less than 1 in 5 providers (17%) report that they have received COVID-relief funding, those with this funding stream have been able to use it to keep their doors open and increase access to their program. Programs report that they have been able to bolster staff recruitment efforts (47%), hire more staff (44%) and serve more students (44%), expand program offerings (38%), and offer new summer programs (18%).

Funds from American Rescue Plan (ARP) continue to present a tremendous opportunity to help increase access to afterschool and summer programs. For example, in Giles County, \$2.9 million of its ARP Elementary and Secondary School Emergency Relief (ESSER) II funding went to support voluntary summer learning loss camps that provided math and reading instruction, STEM learning opportunities, physical activity, and other academic enrichment for nearly 700 K-12th graders over the course of four weeks during the 2021 summer. The funds enabled the district to serve a higher number of students, lower the student-to-teacher ratio, and increase the salary for summer instructors. The district plans to continue the summer camps during the 2022 and 2023 summers.



Afterschool Alliance

The Afterschool Alliance is working to ensure that all children and youth have access to quality afterschool programs. Learn more at: www.afterschoolalliance.org