Expanding learning and supports for an equitable recovery

## This is Afterschool in North Dakota



In North Dakota, afterschool programs provide expanded learning opportunities to 17,541 students and are a lifeline for working families. In North Dakota, 87% of parents report that all young people deserve access to quality afterschool and summer programs. Yet, too many kids in North Dakota are being left out. In fact, **for every child in an afterschool program, 2 more would participate** if a program were available.

# Helping young people learn, grow, and thrive

#### Students in afterschool programs in North Dakota are:



Interacting with peers and building social skills 100%



Getting homework help 70%



Taking part in physical activities 92%

A 2018 evaluation of North Dakota's 21<sup>st</sup> CCLC programs by Westwood Research & Statistical Services found that an overwhelming majority of teachers reported programs helped students improve their homework completion and/or class participation (87%) and classroom behavior (81%). Among parents, more than 4 in 5 indicated that the programs helped their child improve their reading (84%) and math skills (83%) and attitude toward school (87%), while 77% of students agreed that they liked school better because of the programs.

# Parents in North Dakota agree that afterschool programs:



Provide opportunities to build life skills 79%

Get kids excited about learning 65%

Reduce the likelihood that youth will use drugs or engage in other risky behaviors **74%** 

# Call and response: Afterschool programs stepping up during the pandemic

From the outset of the pandemic, afterschool programs have adapted and expanded their services to best meet the needs of the children and families they serve. The Boys & Girls Clubs of the Red River Valley sent home activity kits, dropped off snacks and meals, and adapted curriculum to better support parents as schools and afterschool programs moved online. After its facilities reopened in June 2020, they modified operating procedures to include smaller cohorts of youth, social distancing guidelines, mask mandates, and more. The Club continues to share resources to help Fargo Public Schools' families through the pandemic.

# A 2021 national survey of afterschool providers finds programs continue to provide:

Academic enrichment	94%
Time to interact with peers	86%
Physical activity	81%
Snacks or meals	77%
Check-ins with student and families	32%
In-person services during virtual school days*	24%

Looking toward the summer, **79%** of providers will be offering summer programming.

\*Among program providers that report that they are offering in-person services.

### 21<sup>st</sup> Century Community **Learning Centers**

21<sup>st</sup> Century Community Learning Centers (21st CCLC) are local before-school, afterschool, and summer learning programs that serve students attending high-poverty, low-performing schools, engaging students in hands-on learning activities aimed at supporting their academic growth. They provide a variety of enrichment activities to complement school-day learning and offer educational and support services to the families of participating children.

In North Dakota, 4,649 children in 107 communities take part in a Community Learning Center.

21st CCLC grants are the only dedicated federal funding source that support local communities' afterschool and summer programs.

The 2020 Department of Education annual performance report of 21st CCLC found that among regular participants:



Nearly half improved their math (48%) and English grades (48%)



69% improved homework completion and class participation



62% improved their behavior

## A lifeline for working families

A national survey of parents in the fall of 2020 found that as the pandemic continued to disrupt school schedules, most parents were concerned about their child's social and emotional well-being and connection to peers, as well as their own ability to continue to provide learning support and/or care for their child as virtual school and distance learning extends into 2021.

Based on the 2020 America After 3PM household survey, parents in North Dakota agree that afterschool programs:

- Build positive relationships between children and adults 84%
- Keep kids safe and out of trouble 75%
- Help working parents keep their jobs 86%
- Provide working parents peace of mind 88%

### A smart investment

Research spanning several states shows that every \$1 invested in afterschool programs saves at least \$3 by:





Increasing kids' earning potential



Improving kids' performance at school

Reducing crime and juvenile delinquency

Additionally, Community Learning Centers leverage diverse partners to meet community needs. A typical program receives \$67,000 from partners to supplement its federal funding. Nationwide, partner contributions totaled more than \$1 billion between 2006 and 2010.

### Parents in North Dakota are behind public investment in afterschool programs

84% of parents favor public funding of afterschool programs to expand opportunities for kids in underserved communities.



#### Support is strong and bipartisan





87% Independents





The Afterschool Alliance is working to ensure that all children and youth have access to quality afterschool programs. Learn more at: www.afterschoolalliance.org