Expanding learning and supports for an equitable recovery

This is Afterschool in Kentucky

In Kentucky, afterschool programs provide expanded learning opportunities to 78,912 students and are a lifeline for working families. In Kentucky, 84% of parents report that all young people deserve access to quality afterschool and summer programs. Yet, too many kids in Kentucky are being left out. In fact, for every child in an afterschool program, 4 more would participate if a program were available.

Helping young people learn, grow, and thrive

Students in afterschool programs in Kentucky are:

- Interacting with peers and building social skills 90%
- Getting homework help 76%
- Taking part in physical activities 83%

A 2020 evaluation of Kentucky’s 21st CCLC programs by the Center for Evaluation, Policy, and Research at Indiana University, found that a majority of regularly attending elementary and middle/high school students maintained or improved their reading (67% and 60%, respectively) and math grades (68% and 61%, respectively). Based on teacher surveys, program participants improved their academic performance (82% of elementary schoolers, 77% of middle/high schoolers). Teachers also reported that participants saw improvements in class participation (78% of elementary schoolers, 75% of middle/high schoolers), motivation to learn (73% of elementary schoolers, 65% of middle/high schoolers), and peer relationships (67% of elementary schoolers, 66% of middle/high schoolers). Additionally, 82% of middle and high schoolers said that their program helped them to be more involved in school, and 72% said that the program helped them enjoy going to school more.

Parents in Kentucky agree that afterschool programs:

- Provide opportunities to build life skills 77%
- Get kids excited about learning 71%
- Reduce the likelihood that youth will use drugs or engage in other risky behaviors 72%

Call and response: Afterschool programs stepping up during the pandemic

From the outset of the pandemic, afterschool programs have adapted and expanded their services to best meet the needs of the children and families they serve. Covington Partners, which operates afterschool programs for Covington Independent Public Schools students, launched Camp Covington 2020: #TeamKentucky. They designed curricula, purchased, and delivered activity supplies, created a program workbook and website, and scheduled daily Google Meets to interact with about 400 students and families. Activities also were designed to work offline, so students without internet could still participate. At Spencer County Middle School, students in Grizzlies Beyond the Bell made PPE equipment for healthcare workers.

A 2021 national survey of afterschool providers finds programs continue to provide:

<table>
<thead>
<tr>
<th>Service</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academic enrichment</td>
<td>94%</td>
</tr>
<tr>
<td>Time to interact with peers</td>
<td>86%</td>
</tr>
<tr>
<td>Physical activity</td>
<td>81%</td>
</tr>
<tr>
<td>Snacks or meals</td>
<td>77%</td>
</tr>
<tr>
<td>Check-ins with student and families</td>
<td>32%</td>
</tr>
<tr>
<td>In-person services during virtual school days*</td>
<td>24%</td>
</tr>
</tbody>
</table>

Looking toward the summer, 79% of providers will be offering summer programming.

*Among program providers that report that they are offering in-person services.
Support is strong and bipartisan

A national survey of parents in the fall of 2020 found that as the pandemic continued to disrupt school schedules, most parents were concerned about their child’s social and emotional well-being and connection to peers, as well as their own ability to continue to provide learning support and/or care for their child as virtual school and distance learning extends into 2021.

Based on the 2020 America After 3PM household survey, parents in Kentucky agree that afterschool programs:

- Build positive relationships between children and adults \(72\%\)
- Keep kids safe and out of trouble \(74\%\)
- Help working parents keep their jobs \(81\%\)
- Provide working parents peace of mind \(85\%\)

A smart investment

Research spanning several states shows that every $1 invested in afterschool programs saves at least $3 by:

1. Increasing kids’ earning potential
2. Improving kids’ performance at school
3. Reducing crime and juvenile delinquency

Additionally, Community Learning Centers leverage diverse partners to meet community needs. A typical program receives $67,000 from partners to supplement its federal funding. Nationwide, partner contributions totaled more than $1 billion between 2006 and 2010.